



CHRISTIAN HERITAGE COLLEGE

**JB104**

## **SPIRITUAL TRANSFORMATION**

This sample unit outline is provided by CHC for prospective and current students to assist with unit selection.

Elements of this outline which may change with subsequent offerings of the unit include Content, Required Texts, Recommended Readings and details of the Assessment Tasks.

Students who are currently enrolled in this unit should obtain the outline for the relevant semester from the unit lecturer.

<b>Unit code</b>	JB104	
<b>Unit name</b>	Spiritual Transformation	
<b>Associated higher education awards</b>	Diploma of Ministry Bachelor of Ministry	
<b>Duration</b>	One semester	
<b>Level</b>	Introductory	
<b>Unit coordinator</b>	Ps Brian Mulheran	
<b>Core/elective</b>	Core	
<b>Weighting</b>	Unit credit points: 10cp	Total course credit points: Diploma of Ministry 80cp Bachelor of Ministry 240cp
<b>Student workload</b>	<b>Face-to-face on-site</b>	<b>External</b>
	Timetabled hours: 39	Directed study hours: 39
	Readings and study hours: 51	Readings and study hours: 51
	Assignment preparation hours: 60	Assignment preparation hours: 60
	Total hours per unit: 150	Total hours per unit: 150
Students requiring additional English language support are expected to undertake an additional one hour per week		
<b>Delivery mode</b>	Face to Face on site External	
<b>Pre-requisites/ co-requisites/ restrictions</b>	Prerequisites: Nil Co-requisites: Nil Restrictions: Nil	
<b>Rationale</b>	<p>Christianity involves transformed lives, not just assent to Christian beliefs. A person who comes to faith in Jesus Christ as Lord and Saviour needs to realise that they have been converted from a position of sin to a position of righteousness. It is from this position of righteousness that they can progressively cease to live out of their own nature and tendencies in order for Jesus and His nature to increase and outwork through them. This repositioning and transformation is the essence of the Christian life.</p> <p>Three critical elements are fundamental to transformation: the Bible being the ultimate basis for understanding the Christian life and containing the words of life; God working through Jesus and the Holy Spirit to reposition and transform the believer; and transformation within personal and corporate settings.</p> <p>Without an understanding of transformation of the whole person the believer will live a life that is less than God intended.</p>	
<b>Prescribed text(s)</b>	Saucy, RL 2013, <i>Minding the Heart: The Way of Spiritual Transformation</i> , Kregel, Grand Rapids, MI.	

<b>Recommended readings</b>	<p>Andrews, A (gen. ed.) 2014, <i>The Kingdom Life: A Practical Theology of Discipleship and Spiritual Transformation</i>, Tyndale House, Carol Stream, IL.</p> <p>Bridges, J 2014, <i>Growing your Faith: How to Mature in Christ</i>, Tyndale House, Carol Stream, IL.</p> <p>Boa, K 2009, <i>Conformed to His Image: Biblical and Practical Approaches to Spiritual Formation</i>, Zondervan, Grand Rapids, MI.</p> <p>Finlan, S &amp; Kharlamov, V (eds.) 2010, <i>Theosis: Deification in Christian Theology</i>, vol 1, James Clarke &amp; Co, Cambridge, UK.</p> <p>Foster, RJ 2014, <i>Life with God: Reading the Bible for Spiritual Transformation</i>, HarperCollins, New York, NY</p> <p>Gama, MP 2014, <i>Theosis: The Core of Our Ancient/Future Faith and Its Relevance to Evangelicalism at the Close of the Modern Era</i>, George Fox University, Newberg, OR.</p> <p>Issler, KD 2012, <i>Living into the Life of Jesus: the Formation of Christian Character</i>, InterVarsity Press, Downers Grove, IL.</p> <p>Kharlamov, V (ed.) 2011, <i>Theosis: Deification in Christian Theology</i>, vol 2, Wipf &amp; Stock, Eugene, OR.</p> <p>LeRoy, M &amp; Summers, J 2012, <i>Awakening Grace: Spiritual Practices to Transform Your Soul</i>, Wesleyan Publishing House, Indianapolis, IN.</p> <p>Mulheran, B 2002, <i>Jesus, Author and Finisher: Timeless Principles of Christianity</i>, Synergy, Gainesville, FL.</p> <p>Ratta, A 2014, <i>Making Spiritual Progress: Building your Life with Faith, Hope, and Love</i>, InterVarsity Press, Downers Grove, IL.</p> <p>Smith, GT 2014, <i>Called to be Saints: an Invitation to Christian Maturity</i>, InterVarsity Press Academic, Downers Grove, IL.</p> <p>Sweeting, G 2013, <i>How to Continue the Christian Life: Following Jesus in All You Do</i>, Moody, Chicago, IL.</p> <p>Willard, D, Meyer, K, McNicol, B &amp; Matthews, K 2014, <i>The Kingdom Life: A Practical Theology of Discipleship and Spiritual Transformation</i>, Tyndale House, Carol Stream, IL.</p> <p>Dunmire, SL 2012, <i>Growing Disciples in the Pattern of the Twelve: The Ecclesia in Ecclesia as a Model for Spiritual Transformation and Local Church Discipleship</i>, Asbury Theological Seminary, Wilmore, KY.</p> <p>In addition to the resources above, students should have access to a Bible, preferably a modern translation such as <i>The Holy Bible: New King James Version (NKJV)</i>.</p> <p>This translation and many others may be accessed free on-line at <a href="http://www.biblegateway.com">http://www.biblegateway.com</a>. The Bible app from LifeChurch.tv is also available free for smart phones and tablet devices.</p>
<b>Specialist resources requirements</b>	<p>Nil</p>
<b>Content</b>	<ol style="list-style-type: none"> <li>1. What is spirituality?</li> <li>2. Spiritual transformation</li> <li>3. Spiritual transformation and Christ</li> <li>4. Spiritual transformation and the Word of God</li> <li>5. Spiritual transformation and our identity</li> <li>6. Spiritual transformation and the Holy Spirit</li> <li>7. Living the Spirit-filled life</li> <li>8. Principles and practices of the a personal spiritual life</li> <li>9. Overcoming sin, the flesh and the world</li> <li>10. Spiritual transformation and community</li> </ol>

<b>Content (continued)</b>	11. Fellowship and worship 12. Servanthood and stewardship 13. Witnessing and discipleship
<b>Learning outcomes</b>	On completion of this unit, students should be able to: <ol style="list-style-type: none"> <li>1. Examine Christian spirituality including personal transformation;</li> <li>2. Discuss the person and work of Jesus Christ in transformation;</li> <li>3. Identify and discuss various disciplines and attitudes conducive to spiritual transformation;</li> <li>4. Define and examine the work of the Holy Spirit in spiritual transformation;</li> <li>5. Reflect on and evaluate their own spiritual transformation;</li> <li>6. Assess hindrances to spiritual transformation in their own personal lives, and</li> <li>7. Communicate at an appropriate tertiary standard with special attention to correct grammar, punctuation, spelling, vocabulary, usage, sentence structure, logical relations, style, referencing and presentation.</li> </ol>
<b>Assessment tasks</b>	<p><b>Task 1: Timeline and Reflection</b></p> <p>Word Length/Duration: 2,500 words</p> <p>Weighting: 50%</p> <p>Learning Outcomes: 1-3,5,7</p> <p>Assessed: Week 7</p> <p><b>Task2: Research and Reflection Paper</b></p> <p>Word Length/Duration: 3,000 words</p> <p>Weighting: 50%</p> <p>Learning Outcomes: 1,3-7</p> <p>Assessed: Week 13</p>
<b>Unit summary</b>	The unit provides students with an opportunity to develop an understanding of Christian spirituality and the disciplines and attitudes conducive to transformation. This core unit provides the basis for the student to further discover their spirituality and foster transformation which is essential for their personal and ministry life.