

School of Social Sciences Textbook List Semester 1, 2025

Students are advised to order textbooks in time for delivery for the beginning of semester.

CHC suggests the following suppliers:

[American Bookstore](#)

[The Book Depository](#)

[Koorong](#)

[Amazon](#)

[The Co-op Bookshop](#)

[Open Leaves](#)

[Booktopia](#)

[Fishpond](#)

[Word](#)

Prices may vary from supplier to supplier. Texts may be available direct from the publisher.

UNDERGRADUATE COURSES

UNIT		REQUIRED TEXTS
CO100	Mental Health and Wellbeing	Thompson, N. (2019). Mental health and well-being: Alternatives to the medical model. Routledge. [eBook available through CHC Library – unlimited concurrent users]
CO212	Counselling Approaches	Jones-Smith, E. (2021). Theories of counseling and psychotherapy: An Integrative approach (3rd ed.). Sage. [eBook NOT available through CHC Library]
CO216	Counselling Skills I	Teyber, E., Teyber, F. H. (2017). Interpersonal Process in Therapy: An integrative model [7th ed., student ed.]. Cengage Learning. [eBook NOT available through CHC Library]
CO283	Trauma, Grief and Loss Counselling	Beel, N. Chinchon, C., Machin, T. and du Plessis, C. (2023). Common Client Issues in Counselling: An Australian Perspective. University of Queensland. [eBook available through CHC Library – unlimited concurrent users]
CO367	Reflective Practice: Consolidating Foundations	Bor, R. & Watts, M. (2017). The trainee handbook: A guide for counselling and psychotherapy trainees (4th ed.). Sage. [eBook NOT available through CHC Library] Hewson, D. & Carroll, M. (2016). Reflective Practice in Supervision. Moshpit. [eBook NOT available through CHC Library]
CO368	Reflective Practice: The Therapeutic Relationship	Gelso, C. J. (2019). The therapeutic relationship in psychotherapy practice: An integrative perspective. Routledge. [eBook available through CHC Library – unlimited concurrent users]
CO369	Reflective Practice: External Contexts	McLeod, J. (2019). Introduction to counselling and psychotherapy: theory, research and practice (6th ed.). Open University Press. [eBook NOT available through CHC Library]

UNIT		REQUIRED TEXTS
CO372	Personal Practice Framework	Cozolino, L. (2021). The Development of a Therapist: Healing others - healing self. Norton. [eBook available through CHC Library- three concurrent users] Tan, S-Y. (2022). A Christian approach to counseling and psychotherapy: Christ-centered, biblically-based, and Spirit-filled. Cascade Books. [eBook available through CHC Library - unlimited concurrent users]
CO382	Child and Adolescent Issues	Geldard, K., & Yin Foo, R. (2024). Counselling children: A practical introduction (6th ed.). Sage. [eBook NOT available through CHC Library] Geldard, K., Geldard, D., & Yin Foo, R. (2019). Counselling adolescents: A proactive approach for young people (5th ed.). Sage. [eBook NOT available through CHC Library]
CS217	Christian Foundations for Work and Vocation II	Smith, J. K. A. (2016). You Are What You Love: The Spiritual Power of Habit. Baker [eBook available through CHC Library - 325 access p.a.]
FC242	Child Protection & Youth Justice	Fernandez, E., & Delfabbro, P. (Eds.). (2021). Child protection and the care continuum: Theoretical, empirical and practice insights. Routledge [eBook available through CHC Library - unlimited concurrent users]
HB241	Social Psychology	Kassin, S., et. al. (2020). Social Psychology (2nd). Australian and New Zealand edition. Cengage. [eBook NOT available through CHC Library]
SO103	The Personal Formation of the Practitioner	Riemersma, J. (2020). Altogether You: Experiencing Personal and Spiritual Transformation with Internal Family Systems Therapy. Pivotal Books. [eBook NOT available through CHC Library]
SO104	Communication Skills for Professional Practice	Marsen, S. (2019). Professional Writing (4th ed.). Red Globe Press. [eBook NOT available through CHC Library]
SO105	Sociology for Human Services	Dillon, M. (2024). Introduction to sociological theory: Theorists, concepts, and their applicability to the twenty-first century (4th ed.). Wiley. [eBook NOT available through CHC Library]
SO114	Foundational Interpersonal Skills	Ivey, A. E., Ivey, M. B., & Zalaquett, C. P. (2022). Intentional interviewing and counseling: Facilitating client development in a multicultural society (10th ed.). Cengage Learning. [eBook NOT available through CHC Library]
SO117	Lifespan Development	Harms, L. (2021). Understanding human development (3rd ed.). Oxford University Press. [eBook NOT available through CHC Library]
SO313	Management in Human Services	Samson, D., Donnet, T., Daft, R. (2024). Management. (8th ed.). Cengage Learning Australia. [eBook NOT available through CHC Library]

UNIT	REQUIRED TEXTS	
SO335	Human Services Fieldwork Placement	Cleak, H., & Wilson, J. (2022). Making the most of field placement (5th ed.). Cengage Learning. [eBook NOT available through CHC Library]

POSTGRADUATE COURSES

UNIT		REQUIRED TEXTS
CA550	Child and Adolescent Counselling I	<p>Davies, D. & Troy, M. (2020). Child development: A practitioner's guide (4th ed.). Guilford.)</p> <p>[eBook available through CHC Library - three concurrent users]</p> <p>Thompson Prout, H. & Fedewa, A.L. (2015). Counseling and psychotherapy with children and adolescents: Theory and practice for school and clinical settings (5th ed.). Wiley.</p> <p>[eBook available through CHC Library - unlimited concurrent users]</p>
CA551	Child and Adolescent Counselling II	<p>Geldard, K., & Yin Foo, R. (2024). Counselling children: A practical introduction (6th ed.). Sage.</p> <p>[eBook NOT available through CHC Library]</p> <p>Geldard, K., Geldard, D., & Yin Foo, R. (2019). Counselling adolescents: A proactive approach for young people (5th ed.). Sage.</p> <p>[eBook NOT available through CHC Library]</p>
CO503	The Personal Formation of the Practitioner	<p>Riemersma, J. (2020). Altogether You: Experiencing Personal and Spiritual Transformation with Internal Family Systems Therapy. Pivotal Books.</p> <p>[eBook NOT available through CHC Library]</p>
CO514	Foundational Counselling Skills	<p>Ivey, A. E., Ivey, M. B., & Zalaquett, C. P. (2022). Intentional interviewing and counseling: Facilitating client development in a multicultural society (10th ed.). Cengage Learning.</p> <p>[eBook NOT available through CHC Library]</p> <p>Nesbit Sbanotto, E. A., Gingrich, H. D., & Gingrich, F. C. (2016). Skills for effective counseling: A faith-based integration. InterVarsity Press.</p> <p>[eBook available through CHC Library - unlimited concurrent users]</p>
CO557	Theories of Counselling	<p>Jones-Smith, E. (2021). Theories of counseling and psychotherapy: An Integrative approach (3rd ed.). Sage.</p> <p>[eBook NOT available through CHC Library]</p>
CO616	Counselling Skills I	<p>Teyber, E., Teyber, F. H. (2017). Interpersonal Process in Therapy: An integrative model [7th ed., student ed.]. Cengage Learning.</p> <p>[eBook NOT available through CHC Library]</p>
CO667	Reflective Practice: Consolidating Foundations	<p>Bor, R. & Watts, M. (2017). The trainee handbook: A guide for counselling and psychotherapy trainees (4th ed.). Sage.</p> <p>[eBook NOT available through CHC Library]</p> <p>Hewson, D. & Carroll, M. (2016). Reflective Practice in Supervision. Moshpit.</p> <p>[eBook NOT available through CHC Library]</p>
CO668	Reflective Practice: The Therapeutic Relationship	<p>Gelso, C. J. (2019). The therapeutic relationship in psychotherapy practice: An integrative perspective. Routledge.</p> <p>[eBook available through CHC Library - unlimited concurrent users]</p>

UNIT		REQUIRED TEXTS
CO669	Reflective Practice: External Contexts	<p>McLeod, J. (2019). Introduction to counselling and psychotherapy: theory, research and practice (6th ed.). Open University Press.</p> <p>[eBook NOT available through CHC Library]</p>
CO672	Personal Practice Framework	<p>Cozolino, L. (2021). The Development of a Therapist: Healing others – healing self. Norton.</p> <p>[eBook available through CHC Library – three concurrent users]</p> <p>Tan, S-Y. (2022). A Christian approach to counseling and psychotherapy. Cascade Books.</p> <p>[eBook available through CHC Library – unlimited concurrent users]</p>
FR550	Family and Relationship Counselling I	<p>Griffin, W. & Greene, S. (2011). Models of family therapy: The essential guide. Routledge.</p> <p>[eBook available through CHC Library – unlimited concurrent users]</p> <p>Brown, J. (2017). Growing Yourself Up How to bring your best to all of life's relationships (2nd ed.). Exile</p> <p>[eBook available through CHC Library – unlimited concurrent users]</p>
NP544	Introductory Neuroscience	<p>Dingman, M. (2019). Your Brain Explained: What Neuroscience Reveals About Your Brain and its Quirks. Nicholas Brealey Publishing.</p> <p>[eBook NOT available through CHC Library]</p>
SO653	Research Methods	<p>Clark, T., Foster, L., Sloan, L., & Bryman, A. (2021). Bryman's Social research methods (6th ed.). Oxford University.</p> <p>[eBook NOT available through CHC Library]</p>
TR550	Trauma Counselling	<p>Rothschild, B. (2021). Revolutionizing Trauma Treatment: Stabilization, Safety & Nervous System Balance. W W Norton & Company.</p> <p>[eBook available through CHC Library – single user only]</p> <p>Van der Kolk, B. (2015). The body keeps the score: Brain, mind and body in the healing of trauma. Penguin.</p> <p>[eBook NOT available through CHC Library]</p>
TR551	Trauma Counselling II	<p>Briere, J., & Scott, C. (2015). Principles of trauma therapy: A guide to symptoms, evaluation and treatment (2nd ed.). Sage.</p> <p>[eBook NOT available through CHC Library]</p> <p>Dana, D. (2018). The polyvagal theory in therapy: Engaging the rhythm of regulation. Norton.</p> <p>[eBook available through CHC Library – single user only]</p>