

**UNIT OUTLINE**

**Unit Code: SO112**

**Unit Title: Introduction to Human Behaviour**

**Semester: S**

**Year: 2020**

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| **Unit code** | SO112 |
| **Unit name** | Introduction to Human Behaviour |
| **Associated higher education awards** | Diploma of Social Science  Bachelor of Applied Social Science  Bachelor of Counselling |
| **Duration** | One semester |
| **Level** | Introductory |
| **Unit coordinator** | Dr Johannes Luetz |
| **Core/elective** | Core |
| **Weighting** | Unit credit points: 10  Course credit points: Diploma of Social Science 80  Bachelor of Applied Social Science 240  Bachelor of Counselling 240 |
| **Delivery mode** | Face-to-face on site  External |
| **Student workload** | *Face-to-face on site*  Contact hours 35 hours  Reading, study, and preparation 55 hours  Assignment preparation 60 hours  **TOTAL 150 hours**  *External*  Engagement with study materials 90 hours  Assignment preparation 60 hours  **TOTAL 150 hours** |
| Students requiring additional English language support are expected to undertake an additional one hour per week. |
| **Prerequisites/ co-requisites/ restrictions** | Nil |
| **Rationale** | In the various fields of the social sciences, the study of human behaviour encompasses psychological theories relating to topics and themes of cognition, emotion, relationality and behaviour of the human person.  As this knowledge is an essential part of the social sciences student’s professional framework, in this unit students will be introduced to the psychological theories that are foundational to understanding human behaviour. They will also have opportunity to consider how these theories apply to diverse contexts including their own personal growth, Christian values and beliefs, and multicultural environments. |
| **Prescribed text(s)** | Burton, L., Westen, D., & Kowalski, R. (2012). *Psychology* (3rd Australian and New Zealand ed). Milton, Australia: John Wiley & Sons. |
| **Recommended readings** | **Books**  King, L. (2013). *The science of psychology: An appreciative view* (3rd ed.). Sydney, Australia: McGraw-Hill Humanities.  Moes, P., & Tellinghuisen, D. (2014). *Exploring psychology and Christian faith: An introductory guide.* Grand Rapids, MI: Baker.  Morris, C. G., & Maisto, A. (2015). *Understanding psychology* (11th ed.). New York, NY: Pearson.  Myers, D. & deWall, N. (2015). *Psychology* (11th ed.). New York, NY: Worth.  Northey, M., & Timney, B. (2012). *Making sense in psychology and life sciences: A student’s guide to writing and style*. New York, NY: Oxford University Press.  Sabates, A. (2012). *Social psychology in Christian perspective.* Downers Grove, IL: InterVarsity Press.  Wieten, W. (2012). *Psychology: Themes and variations* (9th ed.). Melbourne, VIC, Australia: Cengage.  **Journals**  *Psychotherapy in Australia*  *Australian Psychologist*  *Journal of Psychology*  *Journal of Psychology and Christianity*  *Journal of Psychology and Theology*  *Journal of Human Behavior in the Social Environment*  In addition to the resources above, students should have access to a Bible, preferably a modern translation such as The Holy Bible: The New International Version 2011 (NIV 2011) or The Holy Bible: New King James Version (NKJV).  These and other translations may be accessed free on-line at http://www.biblegateway.com. The Bible app from LifeChurch.tv is also available free for smart phones and tablet devices. |
| **Specialist resource requirements** | Nil |
| **Content** | 1. Introduction to human behaviour 2. The topics and themes of psychology as they relate to human behaviour 3. Christian worldview perspectives on human behaviour 4. Major approaches of psychology and psychology research 5. Cognition and consciousness 6. Sensation and perception 7. Learning and memory 8. Intelligence 9. Emotions 10. Motivation 11. Human behaviour and relationship 12. Human behaviour and neuropsychology 13. Human behaviour and culturally inclusive practice |
| **Learning outcomes** | On completion of this unit, students will have demonstrated that they have:   1. developed an awareness of the variety of psychological topics, themes and research methods that relate to the study of human behaviour; 2. explored psychological understandings of cognition, emotion, relationality and behaviour; 3. identified major psychological theories pertaining to human behaviour; 4. evaluated the topics, themes, and theories of human behaviour from personal, ethical and multi-cultural perspectives; 5. evaluated the topics, themes, and theories of human behaviour from a Christian worldview; and 6. communicated at an appropriate tertiary standard with special attention to correct grammar, punctuation, spelling, vocabulary, usage, sentence structure, logical relations, style, referencing, and presentation. |
| **Assessment tasks** | **Task 1: Weekly Quizzes**  Complete a series of 10 weekly open book, multiple choice quizzes, on Moodle™ (commencing in Week 2) based on the set text. An overall mark out of 200 will give you your final grade.  Word Length/Duration: N/A  Weighting: 40%  Learning Outcomes: 1-3  Assessed: Weekly commencing at Week 2  **Task 2: Research Essay**  Choose two psychological approaches (e.g. Cognitive, Humanistic, Psychodynamic), and investigate how they explain one of the topics listed below. In addition, include a reflection of your chosen topic from Christian and cross-cultural perspectives.   * **Cognition** * **Consciousness** * **Learning** * **Memory** * **Sensation and perception** * **Psychological disorders** * **Emotions** * **Motivation**   Word Length/Duration: 2,500 words  Weighting: 60%  Learning Outcomes: 1-6  Assessed: Week 13 |
| **Unit summary** | In the various fields of the social sciences, the study of human behaviour has a common foundation of psychological theories. As this knowledge is an essential part of the social sciences student’s professional framework, in this unit students will be introduced to the psychological theories that are foundational to understanding human behaviour. They will also have opportunity to consider how these theories apply to diverse contexts including their own personal growth, Christian values and beliefs and multicultural environments. |