



CHRISTIAN HERITAGE COLLEGE

CO669

REFLECTIVE PRACTICE: EXTERNAL CONTEXTS

This sample unit outline is provided by CHC for prospective and current students to assist with unit selection.

Elements of this outline which may change with subsequent offerings of the unit include Content, Required Texts, Recommended Readings and details of the Assessment Tasks.

Students who are currently enrolled in this unit should obtain the outline for the relevant semester from the unit lecturer.

Unit code	CO669										
Unit name	Reflective Practice: External Contexts										
Associated higher education awards	Master of Counselling										
Duration	One semester										
Level	Postgraduate										
Core/elective	Core										
Weighting	Unit credit points: 10 Course credit points: 160										
Delivery mode	Face-to-face on site										
Student workload	<p><i>Face-to-face on site</i></p> <table> <tr> <td>Contact hours</td> <td>35 hours</td> </tr> <tr> <td>Practicum</td> <td>60 hours</td> </tr> <tr> <td>Supervision</td> <td>15 hours</td> </tr> <tr> <td>Reading, study and assignment preparation</td> <td>40 hours</td> </tr> <tr> <td>TOTAL</td> <td>150 hours</td> </tr> </table> <p>Students requiring additional English language support are expected to undertake an additional one hour per week.</p>	Contact hours	35 hours	Practicum	60 hours	Supervision	15 hours	Reading, study and assignment preparation	40 hours	TOTAL	150 hours
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TOTAL	150 hours										
Prerequisites/ co-requisites/ restrictions	<p><i>Pre or co-requisite</i></p> <p>CO668 Reflective Practice: The Therapeutic Relationship</p>										
Rationale	<p>Research has shown that the therapeutic relationship, as explored in <i>CO668 Reflective Practice: The Therapeutic Relationship</i> is one of the primary common factors that makes for an effective counselling encounter. However, this research also reveals that the 'extratherapeutic' factors, the circumstances of the client's context, can also have a significant effect on the client's potential to reach their desired goals.</p> <p>In this, the third unit in the embedded practicum series, the student will have opportunity to investigate a broad range of client contextual situations that include historical, social and political discourses, culture, constructions of gender, economic influences, language, organisational structures and the built and natural environments. Theoretical understandings such as those relating to family systems, developmental stages, power and ways of knowing, and the contexts of their elective focus areas will also be investigated as will the implications of a Christian worldview. As with earlier units in this sequence, students' experience in counselling undertaken during their practicum placements will further promote reflection and integration.</p>										
Prescribed text(s)	McLeod, J. (2013). <i>An introduction to counselling</i> (5th ed.). Berkshire, UK: Open University Press.										

<p>Recommended readings</p>	<p>Books</p> <p>Anderson, S., & Sabatelli, R. (2011). <i>Family interaction: A multigenerational developmental perspective</i> (5th ed.). New York, NY: Pearson.</p> <p>Feltham, C. & Horton. (Eds.). (2012). <i>The SAGE handbook of counseling and psychotherapy</i> (3rd ed.). Los Angeles, CA: Sage.</p> <p>Ibrahim, F., & Heuere, J. (2016). <i>Cultural and social justice counseling: Client-specific interventions</i>. New York, NY: Springer.</p> <p>Maguire, M. (2014). <i>Men, women, passion and power: Gender issues in psychotherapy</i> (2nd ed.). New York, NY: Routledge.</p> <p>Pedersen, P. B., Draguns, J. G., Lonner, W. J., & Trimble, J. E. (2016). <i>Counseling across cultures</i> 7th ed.). London, UK: Sage.</p> <p>Sue, D., & Sue, D. (2015). <i>Counseling the culturally diverse</i> (7th ed.).</p> <p>Tan, S-Y. (2011). <i>Counseling and psychotherapy: A Christian perspective</i>. Grand Rapids, MI: Baker Academic.</p> <p>Titelman, P. (Ed.). (2014). <i>Differentiation of self: Bowen family systems theory perspectives</i>. New York, NY: Routledge.</p> <p>Journals</p> <p><i>Journal of Psychology and Theology</i></p> <p><i>Journal of Psychology and Christianity</i></p> <p><i>Journal of Pastoral Care and Counselling</i></p> <p><i>International Journal of Narrative Therapy and Community Work</i></p> <p>In addition to the resources above, students should have access to a Bible, preferably a modern translation such as The Holy Bible: The New International Version 2011 (NIV 2011) or The Holy Bible: New King James Version (NKJV).</p> <p>These and other translations may be accessed free on-line at http://www.biblegateway.com. The Bible app from LifeChurch.tv is also available free for smart phones and tablet devices.</p>
<p>Specialist resource requirements</p>	<p>Digital recording device</p>
<p>Content</p>	<ol style="list-style-type: none"> 1. Understanding the person in context from a Christian worldview perspective 2. Contextual counselling research 3. Culture, language, and counselling 4. Historical, sociocultural, medical, and political narratives 5. The role of power in counselling 6. Ways of knowing 7. Gender and counselling 8. Developmental models 9. Family systems 10. Economic and organisational influences 11. Environmental influences 12. Living a Christian worldview in various contexts
<p>Learning outcomes</p>	<p>On completion of this unit, students will have demonstrated that they have:</p> <ol style="list-style-type: none"> 1. critically analysed contextual factors that influence the counselling relationship, process, and therapeutic outcomes; 2. analysed and critiqued specific theories, processes, and skills relevant to specific counselling contexts; 3. integrated and applied counselling skills and knowledge of contextual factors;

	<p>4. critically analysed client contexts and counselling interviews;</p> <p>5. integrated the values and principles of a Christian worldview with counselling knowledge and skills within various counselling contexts and situations; and</p> <p>6. communicated at an appropriate tertiary standard with special attention to correct grammars, punctuation, spelling, vocabulary, usage, sentence structure, logical relations, style, referencing, and presentation.</p>
Assessment tasks	<p>In order to receive the minimum of a passing grade in this unit, the student must receive a passing grade in Task 3.</p> <p>Task 1: Reflective essay</p> <p>Reflect on one of the contextual issues presented in this unit.</p> <p>Word Length/Duration: 2,500 words</p> <p>Weighting: 40%</p> <p>Learning Outcomes: 1-3, 5, 6</p> <p>Assessed: Week 9</p> <p>Task 2: Interview with transcript and process report</p> <p>Prepare a transcript of a recorded counselling interview conducted while on practicum. This is to be accompanied with a process report noting theoretical concepts, use of self and notes from supervision.</p> <p>Word Length/Duration: Interview - 30 minutes; Report - 3,000 words</p> <p>Weighting: Interview - 30%; Report - 30%</p> <p>Learning Outcomes: 1-6</p> <p>Assessed: Week 13</p> <p>Task 3: Practical assessment</p> <p>The practicum component of this unit is 60 hours one-on-one counselling at an approved placement.</p> <p>Word Length/Duration: N/A</p> <p>Weighting: Pass/Fail</p> <p>Learning Outcomes: 1-6</p> <p>Assessed: Week 16</p>
Unit summary	<p>Research has shown that extra-therapeutic, contextual factors can have a significant influence on the outcome of counselling. This unit examines some of these significant factors from a theoretical and procedural perspective as well as making opportunity for the student to personally evaluate the influence of these factors on their own counselling framework.</p>