



CHRISTIAN HERITAGE COLLEGE

**JB404**

## **SPIRITUAL TRANSFORMATION**

This sample unit outline is provided by CHC for prospective and current students to assist with unit selection.

Elements of this outline which may change with subsequent offerings of the unit include Content, Required Texts, Recommended Readings and details of the Assessment Tasks.

Students who are currently enrolled in this unit should obtain the outline for the relevant semester from the unit lecturer.

<b>Unit code</b>	JB404	
<b>Unit name</b>	Spiritual Transformation	
<b>Associated higher education awards</b>	Graduate Certificate in Ministry Graduate Diploma in Ministry	
<b>Duration</b>	One semester	
<b>Level</b>	AQF Level 8	
<b>Unit coordinator</b>	Ps Brian Mulheran	
<b>Core/elective</b>	Core	
<b>Weighting</b>	Unit credit points: 10cp	Total course credit points: Graduate Certificate in Ministry 40cp Graduate Diploma in Ministry 80cp
<b>Student workload</b>	<b>Face-to-face on-site</b>	<b>External</b>
	Timetabled hours: 39	Directed study hours: 39
	Readings and study hours: 51	Readings and study hours: 51
	Assignment preparation hours: 60	Assignment preparation hours: 60
	Total hours per unit: 150	Total hours per unit: 150
Students requiring additional English language support are expected to undertake an additional one hour per week		
<b>Delivery mode</b>	Face to Face on site External	
<b>Pre-requisites/ co-requisites/ restrictions</b>	Prerequisites: Nil Co-requisites: Nil Restrictions: Nil	
<b>Rationale</b>	<p>Christianity involves transformed lives, not just assent to Christian beliefs. A person who comes to faith in Jesus Christ as Lord and Saviour needs to realise that they have been converted from a position of sin to a position of righteousness. It is from this position of righteousness that they can progressively cease to live out of their own nature and tendencies in order for Jesus and His nature to increase and outwork through them. This repositioning and transformation is the essence of the Christian life.</p> <p>Three critical elements are fundamental to transformation: the Bible being the ultimate basis for understanding the Christian life and containing the words of life; God working through Jesus and the Holy Spirit to reposition and transform the believer; and transformation within personal and corporate settings.</p> <p>Without a critical understanding of transformation of the whole person the believer will live a life that is less than God intended.</p>	
<b>Prescribed text(s)</b>	Saucy, RL 2013, <i>Minding the Heart: The Way of Spiritual Transformation</i> , Kregel, Grand Rapids, MI.	

<p><b>Recommended readings</b></p>	<p>Andrews, A (gen. ed.) 2014, <i>The Kingdom Life: A Practical Theology of Discipleship and Spiritual Transformation</i>, Tyndale House, Carol Stream, IL.</p> <p>Boa, K 2009, <i>Conformed to His Image: Biblical and Practical Approaches to Spiritual Formation</i>, Zondervan, Grand Rapids, MI.</p> <p>Bridges, J 2014, <i>Growing your Faith: How to Mature in Christ</i>, Tyndale House, Carol Stream, IL.</p> <p>Dunmire, SL 2012, <i>Growing Disciples in the Patter of the Twelve: The Ecclesiola in Ecclesia as a Model for Spiritual Transformation and Local Church Discipleship</i>, Asbury Theological Seminary, Wilmore, KY.</p> <p>Finlan, S &amp; Kharlamov, V (eds.) 2010, <i>Theosis: Deification in Christian Theology</i>, vol 1, James Clarke &amp; Co, Haverton, PA.</p> <p>Foster, RJ 2014, <i>Life with God: Reading the Bible for Spiritual Transformation</i>, HarperCollins, New York, NY.</p> <p>Kharlamov, V (ed.) 2011, <i>Theosis: Deification in Christian Theology</i>, vol 2, Wipf &amp; Stock, Eugene, OR.</p> <p>LeRoy, M &amp; Summers, J 2012, <i>Awakening Grace: Spiritual Practices to Transform Your Soul</i>, Wesleyan Publishing House, Indianapolis, IN.</p> <p>Mulheran, B 2002, <i>Jesus, Author and Finisher: Timeless Principles of Christianity</i>, Synergy, Gainesville, FL.</p> <p>Ratta, A 2014, <i>Making Spiritual Progress: Building your Life with Faith, Hope, and Love</i>, InterVarsity Press, Downers Grove, IL.</p> <p>Roux, GJN 2007, <i>Empowering Destitute People towards Shalom: A Contextual Missiological Study</i>, (unpublished thesis), University of South Africa, SA.</p> <p>Smith, GT 2014, <i>Called to be Saints: an Invitation to Christian Maturity</i>, InterVarsity Press Academic, Downers Grove, IL.</p> <p>Sweeting, G 2013, <i>How to Continue the Christian Life: Following Jesus in All You Do</i>, Moody, Chicago, IL.</p> <p>Willard, D, Meyer, K, McNicol, B &amp; Matthews, K 2014, <i>The Kingdom Life: A Practical Theology of Discipleship and Spiritual Transformation</i>, Tyndale House, Carol Stream, IL.</p>
<p><b>Specialist resources requirements</b></p>	<p>Nil</p>
<p><b>Content</b></p>	<ol style="list-style-type: none"> <li>1. What is Spirituality?</li> <li>2. Spiritual transformation</li> <li>3. Spiritual transformation and Christ</li> <li>4. Spiritual transformation and the Word of God</li> <li>5. Spiritual transformation and our Identity</li> <li>6. Spiritual transformation and the Holy Spirit</li> <li>7. Living the Spirit-filled life</li> <li>8. Principles and practices of the a personal spiritual life</li> <li>9. Overcoming sin, the flesh and the world</li> <li>10. Spiritual transformation and Community</li> <li>11. Fellowship and worship</li> <li>12. Servanthood and stewardship</li> <li>13. Witnessing and discipleship</li> </ol>

<b>Learning outcomes</b>	<p>On completion of this unit, students should be able to:</p> <ol style="list-style-type: none"> <li>1. Critically examine Christian spirituality including personal and corporate transformation;</li> <li>2. Discuss the person and work of Jesus Christ in transformation;</li> <li>3. Identify and discuss various disciplines and attitudes conducive to spiritual transformation;</li> <li>4. Evaluate the work of the Holy Spirit in spiritual transformation;</li> <li>5. Critically reflect and evaluate on their own spiritual transformation;</li> <li>6. Assess hindrances to spiritual transformation in their own personal lives, and</li> <li>7. Communicate at an appropriate tertiary standard with special attention to correct grammar, punctuation, spelling, vocabulary, usage, sentence structure, logical relations, style, referencing and presentation.</li> </ol>
<b>Assessment tasks</b>	<p><b>Task 1: Timeline and Critical Reflection</b></p> <p>Word Length/Duration: 3,000 words</p> <p>Weighting: 50%</p> <p>Learning Outcomes: 1-3,5,7</p> <p>Assessed: Week 7</p> <p><b>Task2: Research and Critical Reflection Paper</b></p> <p>Word Length/Duration: 3,500 words</p> <p>Weighting: 50%</p> <p>Learning Outcomes: 1,3-7</p> <p>Assessed: Week 13</p>
<b>Unit summary</b>	<p>The unit provides students with an opportunity to develop a critical understanding of Christian spirituality and the disciplines and attitudes conducive to transformation.</p>