

Unit code	SO662								
Unit name	Group Facilitation								
Associated higher education awards	Master of Social Science Leadership								
Duration	One semester								
Level	Advanced								
Core/Elective	Core								
Weighting	Unit credit points: 10 Course credit points: 120								
Student workload	<p><i>Face-to-face on site</i></p> <table> <tr> <td>Contact hours</td> <td>39 hours</td> </tr> <tr> <td>Reading, study, and preparation</td> <td>59 hours</td> </tr> <tr> <td>Assignment preparation</td> <td>52 hours</td> </tr> <tr> <td>TOTAL</td> <td>150 hours</td> </tr> </table> <p>Students requiring additional English language support are expected to undertake an additional one hour per week.</p>	Contact hours	39 hours	Reading, study, and preparation	59 hours	Assignment preparation	52 hours	TOTAL	150 hours
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Delivery mode	Face-to-face on site								
Prerequisites/ Corequisites/ Restrictions	<i>Prerequisite</i> 20 credit points of Master of Social Science Leadership units								
Rationale	<p>Whether as part of their practice or leading a team, counsellors and other social sciences practitioners are often expected to be able to facilitate groups. This requires a unique skill set, and an in-depth understanding of group processes and skills.</p> <p>This unit focuses on theory and practice to improve the practitioner's abilities to facilitate group functioning and individual growth in a group context. It also fosters abilities to interpret group dynamics, understand and facilitate group process, and facilitate effective group functioning.</p>								
Prescribed text(s)	Corey, G., Corey, M.S., Callanan, P., & Russell, J.M. (2010). <i>Group techniques</i> (4th ed.). Pacific Grove, CA: Brooks/Cole.								
Recommended readings	<p>Books</p> <p>Alexander, I. (2009). <i>You can't play the game if you don't know the rules: How relationships work</i>. Oxford, UK: Lion.</p> <p>Baron, R.S., & Kerr, N. (2003). <i>Group process, group decision, group action</i> (2nd ed.). Milton Keynes, UK: Open University Press.</p> <p>Corey, M.S., & Corey, G. (2010). <i>Groups: Process and practice</i> (8th ed.). Pacific Grove: Thomson Brooks/Cole.</p> <p>Forsyth, D. (2013). <i>Group dynamics</i> (6th ed.) Belmont, CA: Wadsworth.</p> <p>Hogg, M. A., & Tindale, R. S. (2003). <i>Group processes</i>. Malden, MA: Blackwell.</p> <p>Johnson, D. W., & Johnson, F. P. (2012). <i>Joining together: Group theory and group skills</i>. (11th ed.). Boston, MA: Allyn and Bacon.</p>								

	<p>Palmer, P. (2009). <i>A hidden wholeness: The journey towards an undivided life</i>. Chichester, UK: John Wiley.</p> <p>Peck, S. (1998). <i>The different drum: Community making and peace</i>. New York, NY: Touchstone.</p> <p>Wheelan, S.A. (2004). <i>Group processes: A developmental perspective</i> (2nd ed.). Boston, MA: Allyn and Bacon.</p> <p>Journals</p> <p><i>Group and Organization Management</i></p> <p><i>Group Dynamics: Theory, Research, and Practice</i></p> <p>In addition to the resources above, students should have access to a Bible, preferably a modern translation such as The Holy Bible: The New International Version 2011 (NIV 2011) or The Holy Bible: New King James Version (NKJV).</p> <p>These and other translations may be accessed free on-line at http://www.biblegateway.com. The Bible app from LifeChurch.tv is also available free for smart phones and tablet devices.</p>
Specialist resource requirements	Nil
Content	<ol style="list-style-type: none"> Day 1: Introduction to unit and group process facilitation Days 2-4: Each day will involve student-led group sessions Day 5: Debriefing, consolidating learnings, and conclusion of the unit
Learning outcomes	<p>On completion of this unit, students will have demonstrated that they have:</p> <ol style="list-style-type: none"> critically interpreted and applied at least one model of group development from the academic literature to an experience of facilitating a group; critically analysed communication and behaviour in the group context; demonstrated group facilitation skills that reflect an understanding of stages of group development, group process and an ability to work with the emerging themes and issues relevant to the group; critically reviewed and evaluated their own strengths and weaknesses in group facilitation; consolidated their understanding of how to monitor and develop interpersonal relationships in groups; critically reflected on how to apply their understanding of group development and group process to at least one particular work context; and communicated at an appropriate tertiary standard with special attention to correct grammars, punctuation, spelling, vocabulary, usage, sentence structure, logical relations, style, referencing, and presentation.
Assessment tasks	<p>Due to the experiential nature of the unit, students must attend all classes in order to be eligible for a passing grade. Students have the right to not participate in any specific activity during any session.</p> <p>Task 1: Personal Learning Journal</p> <p>Students are to keep a journal reflecting on personal and theoretical learning for the duration of the semester.</p> <p>Word Length/Duration: 2,500 words (at least five journal entries)</p> <p>Weighting: 40%</p> <p>Learning Outcomes: 2, 4-7</p> <p>Assessed: During intensive</p>

	<p>Task 2: Facilitation of a Group Session</p> <p>Students are to facilitate one session of the group’s process in pairs during the group intensive process.</p> <p>Word Length/Duration: N/A</p> <p>Weighting: Pass/Fail</p> <p>Learning Outcomes: 2-4</p> <p>Assessed: During intensive</p> <p>Task 3: Analytical Essay</p> <p>Students are to write a paper that critically reviews their skills in group facilitation.</p> <p>Word Length/Duration: 1,000 words</p> <p>Weighting: 60%</p> <p>Learning Outcomes: 1-3, 6</p> <p>Assessed: Week 13</p>
Unit summary	<p>This unit focuses on theory and practice to improve the practitioner’s abilities to facilitate group functioning and individual growth in a group context, as well as to be able to interpret group dynamics, understand and facilitate group process, and facilitate effective group functioning.</p>