

SCHOOL OF SOCIAL SCIENCES

TEXTBOOK LIST - SEMESTER 1, 2023



Students are advised to order textbooks in time for delivery for the beginning of semester.

A copy of the following is also recommended for use in each unit.

The Holy Bible: New King James Version. (1982). Nashville, TN: Thomas Nelson

CHC suggests the following suppliers:

- [American Bookstore](#)
- [Amazon](#)
- [Booktopia](#)
- [Booko](#)
- [The Book Depository](#)
- [The Co-op Bookshop](#)
- [Fishpond](#)
- [Zookal](#)
- [Koorong](#)
- [Open Leaves](#)
- [Word](#)
- [Vital Source](#)

PLEASE NOTE:

- Prices may vary from supplier to supplier.
- Texts may be available direct from the publisher.
- The ISBN's listed on this document are for reference only. Please ensure you obtain the correct edition of the text as the ISBN may differ. It may be possible to obtain a digital copy online as an alternative to the textbook.

CHRISTIAN STUDIES

UNIT	REQUIRED TEXTS
CS116 Christian Foundations for Work and Vocation I	<i>No textbook required.</i>
CS216 Christian Foundations for Work and Vocation II	Smith, J.K.A. (2016). <i>You are what you love: The Spiritual Power of Habit.</i> Baker. ISBN: 9781587433801

SOCIAL SCIENCES - ALL COURSES (including Practicums)

UNIT	REQUIRED TEXTS
CA550 Child and Adolescent Counselling I	Davies, D. & Troy, M. (2020). <i>Child development: A practitioner's guide</i> (4 th ed.). Guilford. ISBN: 978-1462542994 Thompson Prout, H. & Fedewa, A.L. (2015). <i>Counseling and psychotherapy with children and adolescents: Theory and practice for school and clinical settings</i> (5 th ed.). Wiley. ISBN: 978-1118772683. (Available in the CHC library as an ebook).
CA551 Child and Adolescent Counselling II	Geldard, K., Geldard, D., & Yin Foo, R. (2017). <i>Counselling children: A practical introduction</i> (5th ed.). Sage. ISBN: 978-1473953321 (HB) 9781473953338 (PB) Geldard, K., Geldard, D., & Yin Foo, R. (2019). <i>Counselling adolescents: The proactive approach for young people</i> (5th ed.). Sage. ISBN: 9781526463531
CA552 Child and Adolescent Counselling III	Geldard, K., Geldard, D., & Yin Foo, R. (2017). <i>Counselling children: A practical introduction</i> (5th ed.). Sage. ISBN: 978-1473953321 (HB) 9781473953338 (PB) Geldard, K., Geldard, D., & Yin Foo, R. (2019). <i>Counselling adolescents: The proactive approach for young people</i> (5th ed.). Sage. ISBN: 9781526463531
CO212 Counselling Approaches	Jones-Smith, E. (2021). <i>Theories of counseling and psychotherapy: An Integrative approach</i> (3rd ed.). Sage. ISBN: 978-1544384559
CO215 Advanced Interpersonal Counselling Skills	Teyber, E., Teyber, F. H. (2017). <i>Interpersonal Process in Therapy: An integrative model</i> [7 th ed., student ed.]. Cengage Learning. ISBN: 9781305271531

CO220 Development Through Lifespan	Harms, L. (2020). <i>Understanding human development</i> (3 rd ed.). Oxford University Press. ISBN: 9780190323493
CO282 Major Issues in Counselling	Seber, G. (2019). <i>Counseling Issues: A handbook for counselors, chaplains and psychotherapists</i> . Author. ISBN: 9780473508166
CO367 (CO667) Reflective Practice: Consolidating Foundations	Bor, R. & Watts, M. (2017). <i>The trainee handbook: a guide for counselling and psychotherapy trainees</i> (4 th ed.). Sage. ISBN: 9781412961844 Hewson, D. & Carroll, M. (2016). <i>Reflective Practice in Supervision</i> . Moshpit. ISBN: 1925595056
CO368 (CO668) Reflective Practice: The Therapeutic Relationship	Gelso, C. J. (2019). <i>The therapeutic relationship in psychotherapy practice: An integrative perspective</i> . Routledge. ISBN: 978-1138999800
CO369 (CO669) Reflective Practice: External Contexts	McLeod, J. (2019). <i>Introduction to counselling and Psychotherapy: theory, research and practice</i> (6th ed.). Open University Press ISBN: 9780335243198
CO370 (CO670) Reflective Practice: Personal Practice Framework	Lapworth, P. & Sills, C. (2010). <i>Integration in counselling and psychotherapy</i> (2 nd ed.). Sage. ISBN: 978-1848604445
CO382 Child and Adolescent Issues	Geldard, K., Geldard, D., & Yin Foo, R. (2017). <i>Counselling children: A practical introduction</i> (5th ed.). Sage. ISBN: 978-1473953321 (HB) 9781473953338 (PB) Geldard, K., Geldard, D., & Yin Foo, R. (2019). <i>Counselling adolescents: The proactive approach for young people</i> (5th ed.). Sage. ISBN: 9781526463531
CO385 Grief and Loss	Harris, D. L. & Winokuer, H. R. (2021). <i>Principles and practice of Grief Counseling</i> (3 rd ed.). Springer. ISBN: 9780826173324
CO510 The Person of the Practitioner	Wicks, R. (2012). <i>The inner life of the counselor</i> . Wiley. ISBN: 9781118193747 Alexander, I. (2020) <i>How relationships work: you can't play the game if you don't know the rules</i> (2 nd ed.). Wipf & Stock. ISBN: 9781725261471 (This book can be purchased from the School of Social Sciences).
CO514 Foundational Counselling Skills	Ivey, A. E., Ivey, M. B., & Zalaquett, C. P. (2022). <i>Intentional interviewing and counseling: Facilitating client development in a multicultural society</i> (10th ed.). Cengage Learning. ISBN: 9780357622797 Nesbit Sbanotto, E. A., Gingrich, H. D., & Gingrich, F. C. (2016). <i>Skills for effective counseling: A faith-based integration</i> . InterVarsity Press. ISBN: 9780830828609 (This book is available as an ebook through CHC library).
CO557 Theories of Counselling	Jones-Smith, E. (2021). <i>Theories of counseling and psychotherapy: An Integrative approach</i> (3rd ed.). Sage. ISBN: 9781544384559
CO591 Directed Study in Counselling	<i>No textbook required.</i>
CO592 Practice-based Study in Counselling	<i>No textbook required.</i>
CO615 Advanced Interpersonal Counselling Skills	Teyber, E., Teyber, F. H. (2017). <i>Interpersonal Process in Therapy: An integrative model</i> (7th ed.). Cengage Learning. ISBN: 9781305271531 Kottler, J. A., & Carlson, J. (2014). <i>On being a master therapist: Practicing what you preach</i> . Wiley. ISBN: 9781118225813
CO667 (CO367) Reflective Practice: Consolidating Foundations	Bor, R. & Watts, M. (2017). <i>The trainee handbook: a guide for counselling and psychotherapy trainees</i> (4 th ed.). Sage. ISBN: 9781412961844 Hewson, D. & Carroll, M. (2016). <i>Reflective Practice in Supervision</i> . Moshpit. ISBN: 9781925595055

CO668 (CO368) Reflective Practice: The Therapeutic Relationship	Gelso, C. J. (2019). <i>The therapeutic relationship in psychotherapy practice: An integrative perspective</i> . Routledge. ISBN: 978-1138999800
CO669 (CO369) Reflective Practice: External Contexts	McLeod, J. (2019). <i>Introduction to counselling and Psychotherapy: theory, research and practice</i> (6th ed.). Open University Press ISBN: 9780335243198
CO670 (CO370) Reflective Practice: Personal Practice Framework	Lapworth, P. & Sills, C. (2010). <i>Integration in counselling and psychotherapy</i> (2 nd ed.). Sage. ISBN: 9781848604445
FC240 Family Support and Child Protection: Theoretical Perspectives	Fernandez, E. & Delfabbro, P. (2020). <i>Child Protection and the Care Continuum: Theoretical, Empirical and Practice Insights</i> . Routledge. ISBN: 9781000281415
FR550 Family and Relationships Counselling I	Griffin, W. & Greene, S. (2011). <i>Models of family therapy</i> . Brunner Routledge. ISBN: 9780876308868 Brown, J. (2017). <i>Growing Yourself Up: How to bring your best to all of life's relationships</i> (2nd ed.). Exile. ISBN: 978-1921497971
FR551 Family and Relationships Counselling II	Balswick, J. & Balswick, J. (2021). <i>The family: A Christian perspective on the family home</i> (5 th ed.). Baker Academic. ISBN: 9781540963000 Gottman, J. & Gottman, J. S. (2015). <i>10 Principles for doing effective couples therapy</i> . Norton. ISBN: 978-0393708356
FR552 Family and Relationship Counselling III	<i>No textbook required.</i>
HB241 Social Psychology	Kassin, S., et. al. (2020). <i>Social Psychology</i> (2nd Australian and New Zealand edition). Cengage. ISBN: 9780170420563 Can be accessed as an eTextbook from Cengage.
HB342 Contemporary Technology and Human Behaviour	Hart, A. & Hart Frejd, D. (2013). <i>The digital invasion: How technology is shaping you and your relationships</i> . Baker Books. ISBN: 978-0801015298
HB343 Neuroscience and Human Behaviour	Dingman, M. (2019). <i>Your Brain Explained: What neuroscience reveals about your brain and its quirks</i> . Brealey. Nicholas Brealey Publishing. ISBN: 9781473696556 Thomas, C.J. (2016) <i>The Wisdom of the Brain: Neuroscience for helping professionals</i> . Create Space Independent Publishers. ISBN: 978-1537185606
NP544 Introductory Neuroscience	Dingman, M. (2019). <i>Your Brain Explained: What neuroscience reveals about your brain and its quirks</i> . Brealey. Nicholas Brealey Publishing. ISBN: 9781473696556
NP545 Theory of Applied Interpersonal Neuroscience	Hill, R. & Dahllitz, M. (2022). <i>The practitioner's guide to the science of psychotherapy</i> . Norton. ISBN: 1324016183 Prinz, S. M. & Wehrenberg, M. (2007). <i>The Anxious Brain: The Neurobiological Basis of Anxiety Disorders and How to Effectively Treat Them</i> . Norton. ISBN: 978-0393705126
SO100 Academic and Professional Communication	Cottrell, S. (2019). <i>The study skills handbook</i> (5th ed.). Palgrave Macmillan. ISBN: 9781137610874 American Psychological Association. (2020). <i>Publication manual of the American Psychological Association</i> (7th ed.). Author. ISBN: 9781433832161
SO102 Introduction to Applied Theories	Dillon, M. (2019). <i>Introduction to sociological theory: Theorists, concepts and their applicability to the twenty-first century</i> (3rd ed.). Wiley Blackwell. ISBN: 978-1119410911

SO110 The Person of the Practitioner	Alexander, I. (2020) <i>How relationships work: you can't play the game if you don't know the rules</i> (2 nd ed.). Wipf & Stock ISBN: 9781725261471 (This book can be purchased from the School of Social Sciences)
SO114 Foundational Interpersonal Skills	Ivey, A. E., Ivey, M. B., & Zalaquett, C. P. (2022). <i>Intentional interviewing and counseling: Facilitating client development in a multicultural society</i> (10th ed.). Brooks/Cole. ISBN: 9780357622797
SO195 Undergraduate Independent Study	<i>No textbook required</i> (refer to the unit you are undertaking).
SO222 Research Methods	Punch, K. F. (2014). <i>Introduction to social research: Quantitative and qualitative approaches</i> (3rd ed.). Sage. ISBN: 978-1446240939
SO224 Relationships and Families in Sociological Perspectives	Chambers, D. (2021). <i>A Sociology of Family Life: Change and diversity in intimate relations</i> . (2 nd ed.). Polity Press. ISBN: 978-1-509-54136-2
SO236 Human Services Practicum A	Cleak, H., & Wilson, J. (2022). <i>Making the most of field placement</i> (5th ed.). Cengage Learning. ISBN: 9780170457606
SO295 Undergraduate Independent Study I	<i>No textbook required</i> (refer to the unit you are undertaking).
SO313 Management in Human Services	Samson, D., Donnet, T., Daft, R. (2018). <i>Management</i> . (6th ed.). Cengage Learning Australia. ISBN: 9780170388412
SO336 Human Services Practicum B	Cleak, H., & Wilson, J. (2022). <i>Making the most of field placement</i> (5th ed.). Cengage Learning. ISBN: 9780170457606
SO352 Culturally Sensitive and Inclusive Practice	<i>No textbook required.</i>
SO391 Directed Study in the Social Science	<i>No textbook required.</i>
SO393 Guided Literature Review	Machi, L.A., & McEvoy, B. (2022). <i>The literature review: Six steps to success</i> (4 th ed.). Sage Publications Inc. ISBN: 9781071852903
SO396 Undergraduate Independent Study II	<i>No textbook required</i> (refer to the unit you are undertaking).
SO540 Leadership Theory	Northouse, P.G. (2021). <i>Leadership: Theory and practice</i> (9 th ed.). Sage. ISBN: 978-1544397566
SO595 Post-graduate Independent Study I	<i>No textbook required.</i>
SO653 Research Methods	Clark, T., Foster, L., Sloan L., Bryman, A. (2021). <i>Bryman's Social research methods</i> (6 th ed.). Oxford University. ISBN 978-0198796053 Punch, K. F. (2014). <i>Introduction to social research: Quantitative and qualitative approaches</i> (3rd ed.). Sage. ISBN 9781446240939 Bager-Charleston, S. & McBeath, A. (2020). <i>Enjoying research in counselling and psychotherapy: Qualitative, quantitative and mixed methods research</i> . Springer Nature. ISBN 9783030551261
SO693 Research Proposal	Creswell, J. (2018). <i>Research design: Qualitative, quantitative and mixed methods approaches</i> (5th ed). Sage. ISBN: 9781506386706 Punch, K. F. (2016). <i>Developing effective research proposals</i> (3rd ed.). Sage. ISBN: 9781473916388
SO694 Leadership Thesis	<i>Relevant to the research topic.</i>
TR550 Trauma Counselling I	Rothschild, B. (2021). <i>Revolutionizing Trauma Treatment: Stabilization, Safety & Nervous System Balance</i> . W W Norton & Company. ISBN: 9781324016724 Van der Kolk, B. (2015). <i>The body keeps the score: Brain, mind and body in the healing of trauma</i> . Penguin. ISBN: 978-0670785933 (HB) or 9780143127741 (PB)
TR551 Trauma Counselling II	Briere, J., & Scott, C. (2015). <i>Principles of trauma therapy: A guide to symptoms, evaluation and treatment</i> (2nd ed.). Sage. ISBN: 978-1483351247

	Dana, D. (2018). <i>The polyvagal theory in therapy: Engaging the rhythm of regulation</i> . Norton. ISBN: 978-0393712377
TR552 Trauma Counselling III	Courtois, C. & Ford, J. (Eds.). (2020). <i>Treating complex traumatic stress disorders in adults: Scientific foundations and therapeutic models</i> (2nd ed.). Guilford. ISBN: 9781462543625