

School of Social Sciences Textbook List

Semester 1, 2025

Students are advised to order textbooks in time for delivery before the beginning of semester.

A good option for purchasing a textbook is to search at booko.com.au and select a vendor based on availability and your own requirements regarding cost, delivery timing, print or electronic.

Texts may be available direct from the publisher, for example, through www.vitalsource.com/en-au/.

UNDERGRADUATE COURSES

UNIT		REQUIRED TEXTS
CO100	Mental Health and Wellbeing	Thompson, N. (2019). Mental health and well-being: Alternatives to the medical model. Routledge. ISBN 9780815394389 eBook available through CHC Library - unlimited concurrent users
CO212	Counselling Approaches	Jones-Smith, E. (2021). Theories of counseling and psychotherapy: An Integrative approach (3rd ed.). Sage. ISBN 9781544384559 eBook NOT available through CHC Library
CO216	Counselling Skills I	Teyber, E., Teyber, F. H. (2017). Interpersonal Process in Therapy: An integrative model [7th ed., student ed.]. Cengage Learning. ISBN 9781305271531 eBook NOT available through CHC Library
CO283	Trauma, Grief and Loss Counselling	Beel, N. Chinchin, C., Machin, T. and du Plessis, C. (2023). Common Client Issues in Counselling: An Australian Perspective. University of Queensland. eISBN 9780645679601 eBook available through CHC Library - unlimited concurrent users
CO367	Reflective Practice: Consolidating Foundations	Bor, R. & Watts, M. (2017). The trainee handbook: A guide for counselling and psychotherapy trainees (4th ed.). Sage. ISBN 9781412961837 eBook NOT available through CHC Library Hewson, D. & Carroll, M. (2016). Reflective Practice in Supervision. Moshpit. ISBN 9781925595055 eBook NOT available through CHC Library
CO368	Reflective Practice: The Therapeutic Relationship	Gelso, C. J. (2019). The therapeutic relationship in psychotherapy practice: An integrative perspective. Routledge. ISBN 9781138999794 eBook available through CHC Library - unlimited concurrent users

UNIT		REQUIRED TEXTS
CO369	Reflective Practice: External Contexts	<p>McLeod, J. (2019). Introduction to counselling and psychotherapy: theory, research and practice (6th ed.). Open University Press. ISBN 9780335243198</p> <p>eBook NOT available through CHC Library</p>
CO372	Personal Practice Framework	<p>Cozolino, L. (2021). The Development of a Therapist: Healing others - healing self. Norton. ISBN 9780393713954</p> <p>eBook available through CHC Library- three concurrent users</p> <p>Tan, S-Y. (2022). A Christian approach to counseling and psychotherapy: Christ-centered, biblically-based, and Spirit-filled. Cascade Books. ISBN 9781666731613</p> <p>eBook available through CHC Library - unlimited concurrent users</p>
CO382	Child and Adolescent Issues	<p>Geldard, K., & Yin Foo, R. (2024). Counselling children: A practical introduction (6th ed.). Sage. ISBN 9781529669022</p> <p>eBook NOT available through CHC Library</p> <p>Geldard, K., Geldard, D., & Yin Foo, R. (2019). Counselling adolescents: A proactive approach for young people (5th ed.). Sage. ISBN 9781526463531</p> <p>eBook NOT available through CHC Library</p>
CS217	Christian Foundations for Work and Vocation II	<p>Smith, J. K. A. (2016). You Are What You Love: The Spiritual Power of Habit. Baker. ISBN 9781587433801</p> <p>eBook available through CHC Library - 325 access p.a.</p>
FC242	Child Protection & Youth Justice	<p>Fernandez, E., & Delfabbro, P. (Eds.). (2021). Child protection and the care continuum: Theoretical, empirical and practice insights. Routledge. ISBN 9781760529680</p> <p>eBook available through CHC Library - unlimited concurrent users</p>
HB241	Social Psychology	<p>Kassin, S., et. al. (2020). Social Psychology (2nd). Australian and New Zealand edition. Cengage. ISBN 9780170420563</p> <p>eBook NOT available through CHC Library</p>
SO103	The Personal Formation of the Practitioner	<p>Riemersma, J. (2020). Altogether You: Experiencing Personal and Spiritual Transformation with Internal Family Systems Therapy. Pivotal Books. ISBN 9781734958409</p> <p>eBook NOT available through CHC Library</p>

UNIT	REQUIRED TEXTS	
SO104	Communication Skills for Professional Practice	Marsen, S. (2019). Professional Writing (4th ed.). Red Globe Press. ISBN 9781352007992 eBook NOT available through CHC Library
SO105	Sociology for Human Services	Dillon, M. (2024). Introduction to sociological theory: Theorists, concepts, and their applicability to the twenty-first century (4th ed.). Wiley. ISBN 9781119887416 eBook NOT available through CHC Library
SO114	Foundational Interpersonal Skills	Ivey, A. E., Ivey, M. B., & Zalaquett, C. P. (2022). Intentional interviewing and counseling: Facilitating client development in a multicultural society (10th ed.). Cengage Learning. ISBN 9780357622797 eBook NOT available through CHC Library
SO117	Lifespan Development	Harms, L. (2021). Understanding human development (3rd ed.). Oxford University Press. ISBN 9780190323493 eBook NOT available through CHC Library
SO313	Management in Human Services	Samson, D., Donnet, T., Daft, R. (2024). Management. (8th ed.). Cengage Learning Australia. ISBN 9780170464383 eBook NOT available through CHC Library
SO335	Human Services Fieldwork Placement	Cleak, H., & Wilson, J. (2022). Making the most of field placement (5th ed.). Cengage Learning. ISBN 9780170457606 eBook NOT available through CHC Library

POSTGRADUATE COURSES

UNIT		REQUIRED TEXTS
CA550	Child and Adolescent Counselling I	<p>Davies, D. & Troy, M. (2020). Child development: A practitioner's guide (4th ed.). Guilford.) ISBN 9781462542994</p> <p>eBook available through CHC Library – three concurrent users</p> <p>Thompson Prout, H. & Fedewa, A.L. (2015). Counseling and psychotherapy with children and adolescents: Theory and practice for school and clinical settings (5th ed.). Wiley. ISBN 9781118772683</p> <p>eBook available through CHC Library – unlimited concurrent users</p>
CA551	Child and Adolescent Counselling II	<p>Geldard, K., & Yin Foo, R. (2024). Counselling children: A practical introduction (6th ed.). Sage. ISBN 9781529669022</p> <p>eBook NOT available through CHC Library</p> <p>Geldard, K., Geldard, D., & Yin Foo, R. (2019). Counselling adolescents: A proactive approach for young people (5th ed.). Sage. ISBN 9781526463531</p> <p>eBook NOT available through CHC Library</p>
CO503	The Personal Formation of the Practitioner	<p>Riemersma, J. (2020). Altogether You: Experiencing Personal and Spiritual Transformation with Internal Family Systems Therapy. Pivotal Books. ISBN 9781734958409</p> <p>eBook NOT available through CHC Library</p>
CO514	Foundational Counselling Skills	<p>Ivey, A. E., Ivey, M. B., & Zalaquett, C. P. (2022). Intentional interviewing and counseling: Facilitating client development in a multicultural society (10th ed.). Cengage Learning. ISBN 9780357622797</p> <p>eBook NOT available through CHC Library</p> <p>Nesbit Sbanotto, E. A., Gingrich, H. D., & Gingrich, F. C. (2016). Skills for effective counseling: A faith-based integration. InterVarsity Press. ISBN 9780830828609</p> <p>eBook available through CHC Library – unlimited concurrent users</p>
CO557	Theories of Counselling	<p>Jones-Smith, E. (2021). Theories of counseling and psychotherapy: An Integrative approach (3rd ed.). Sage. ISBN 9781544384559</p> <p>eBook NOT available through CHC Library</p>
CO616	Counselling Skills I	<p>Teyber, E., Teyber, F. H. (2017). Interpersonal Process in Therapy: An integrative model [7th ed., student ed.]. Cengage Learning. ISBN 9781305271531</p> <p>eBook NOT available through CHC Library</p>

UNIT	REQUIRED TEXTS	
CO667	Reflective Practice: Consolidating Foundations	<p>Bor, R. & Watts, M. (2017). The trainee handbook: A guide for counselling and psychotherapy trainees (4th ed.). Sage. ISBN 9781412961837</p> <p>eBook NOT available through CHC Library</p> <p>Hewson, D. & Carroll, M. (2016). Reflective Practice in Supervision. Moshpit. ISBN 9781925595055</p> <p>eBook NOT available through CHC Library</p>
CO668	Reflective Practice: The Therapeutic Relationship	<p>Gelso, C. J. (2019). The therapeutic relationship in psychotherapy practice: An integrative perspective. Routledge. ISBN 9781138999794</p> <p>eBook available through CHC Library - unlimited concurrent users</p>
CO669	Reflective Practice: External Contexts	<p>McLeod, J. (2019). Introduction to counselling and psychotherapy: theory, research and practice (6th ed.). Open University Press. ISBN 9780335243198</p> <p>eBook NOT available through CHC Library</p>
CO672	Personal Practice Framework	<p>Cozolino, L. (2021). The Development of a Therapist: Healing others – healing self. Norton. ISBN 9780393713954</p> <p>eBook available through CHC Library – three concurrent users</p> <p>Tan, S-Y. (2022). A Christian approach to counseling and psychotherapy. Cascade Books. ISBN 9781666731613</p> <p>eBook available through CHC Library – unlimited concurrent users</p>
FR550	Family and Relationship Counselling I	<p>Griffin, W. & Greene, S. (2011). Models of family therapy: The essential guide. Routledge. ISBN 9780876308868</p> <p>eBook available through CHC Library – unlimited concurrent users</p> <p>Brown, J. (2017). Growing Yourself Up How to bring your best to all of life's relationships (2nd ed.). Exile ISBN 9781925335194</p> <p>eBook available through CHC Library – unlimited concurrent users</p>
NP544	Introductory Neuroscience	<p>Dingman, M. (2019). Your Brain Explained: What Neuroscience Reveals About Your Brain and its Quirks. Nicholas Brealey Publishing. ISBN 9781473696556</p> <p>eBook NOT available through CHC Library</p>

UNIT	REQUIRED TEXTS	
SO653	Research Methods	Clark, T., Foster, L., Sloan, L., & Bryman, A. (2021). <i>Bryman's Social research methods</i> (6th ed.). Oxford University. ISBN 9780198796053 eBook NOT available through CHC Library
TR550	Trauma Counselling	Rothschild, B. (2021). <i>Revolutionizing Trauma Treatment: Stabilization, Safety & Nervous System Balance</i> . W W Norton & Company. ISBN 9781324016724 eBook available through CHC Library – single user only Van der Kolk, B. (2015). <i>The body keeps the score: Brain, mind and body in the healing of trauma</i> . Penguin. ISBN 9780143127741 eBook NOT available through CHC Library
TR551	Trauma Counselling II	Briere, J., & Scott, C. (2015). <i>Principles of trauma therapy: A guide to symptoms, evaluation and treatment</i> (2nd ed.). Sage. ISBN 9781483351247 eBook NOT available through CHC Library Dana, D. (2018). <i>The polyvagal theory in therapy: Engaging the rhythm of regulation</i> . Norton. ISBN 9780393712377 eBook available through CHC Library – single user only