



CHRISTIAN HERITAGE COLLEGE

YO241

YOUTH WORK: SKILLS AND STRATEGIES

This sample unit outline is provided by CHC for prospective and current students to assist with unit selection.

Elements of this outline which may change with subsequent offerings of the unit include Content, Required Texts, Recommended Readings and details of the Assessment Tasks.

Students who are currently enrolled in this unit should obtain the outline for the relevant semester from the unit lecturer.

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| Unit code | YO241 | | | | | | | | |
| Unit name | Youth Work: Skills and Strategies | | | | | | | | |
| Associated higher education awards | Bachelor of Applied Social Science | | | | | | | | |
| Duration | One semester | | | | | | | | |
| Level | Intermediate | | | | | | | | |
| Core/Elective | Elective Required for Youth Work specialisation | | | | | | | | |
| Weighting | Unit credit points: 10 Course credit points: 240 | | | | | | | | |
| Student workload | <p><i>Face-to-face on site</i></p> <table> <tr> <td>Contact hours</td><td>39 hours</td></tr> <tr> <td>Reading, study, and preparation</td><td>59 hours</td></tr> <tr> <td>Assignment preparation</td><td>52 hours</td></tr> <tr> <td>TOTAL</td><td>150 hours</td></tr> </table> <p>Students requiring additional English language support are expected to undertake an additional one hour per week.</p> | Contact hours | 39 hours | Reading, study, and preparation | 59 hours | Assignment preparation | 52 hours | TOTAL | 150 hours |
| Contact hours | 39 hours | | | | | | | | |
| Reading, study, and preparation | 59 hours | | | | | | | | |
| Assignment preparation | 52 hours | | | | | | | | |
| TOTAL | 150 hours | | | | | | | | |
| Delivery mode | Face-to-face on site | | | | | | | | |
| Prerequisites/ Corequisites/ Restrictions | <p><i>Prerequisites</i></p> <p>SO114 Foundational Interpersonal Skills YO240 Youth Work: Theoretical Perspectives</p> | | | | | | | | |
| Rationale | <p>Youth workers increasingly work within a complex array of youth work practice contexts. This unit is intended to provide students with understandings, practical skills and strategies relevant to working with young people in a variety of contexts utilising a range of approaches and models of youth work practice.</p> <p>Attention will be paid to youth participation and engagement, strengths and needs based practice, individual, group, community and advocacy strategies, professionalism and ethical and legal issues.</p> | | | | | | | | |
| Prescribed text(s) | Jeffs, T., & Smith, M. (2010). <i>Youth work practice (Practical social work series)</i> . London, UK: Palgrave Macmillan. | | | | | | | | |
| Recommended readings | <p>Books</p> <p>Furlong, A. (2013). <i>Youth studies: An introduction</i>. New York, NY: Routledge.</p> <p>Sapin, K. (2013). <i>Essential skills for youth work practice</i> (2nd ed.). London, UK: Sage.</p> <p>Journals</p> <p><i>Youth Studies Australia</i></p> <p><i>Journal of Youth Studies</i></p> | | | | | | | | |

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| | <p>In addition to the resources above, students should have access to a Bible, preferably a modern translation such as The Holy Bible: The New International Version 2011 (NIV 2011) or The Holy Bible: New King James Version (NKJV).</p> <p>These and other translations may be accessed free on-line at http://www.biblegateway.com. The Bible app from LifeChurch.tv is also available free for smart phones and tablet devices.</p> |
| Specialist resource requirements | Nil |
| Content | <ol style="list-style-type: none"> 1. Christian principles for effective youth work practice: Respect, inclusion, empowerment, relationship, and collaboration 2. Models of youth work practice: Needs-based approaches, strengths-based approaches, and solution-focussed approaches 3. Working with individuals and families, groups and communities, stakeholders and as part of multi-disciplinary teams 4. Working with young people from diverse backgrounds 5. Models of Intervention 6. Models of case-management and the ethical process 7. Risk-assessment and referral; writing and keeping records; ethical/legal requirements 8. Balanced people focused program design, implementation, and evaluation 9. Facilitating meetings and public events |
| Learning outcomes | <p>On completion of this unit, students will have demonstrated that they have:</p> <ol style="list-style-type: none"> 1. integrated biblical and theological principles related to effective youth work practice; 2. applied a range of models of youth work practice, including needs-based, strengths-based, and solution-focussed approaches; 3. developed and evaluated specific strategies relating to effective and ethical youth work practice with individuals, groups, families, communities, and stake-holders; 4. critically reflected on skills required to work constructively with young people from diverse backgrounds; 5. integrated learning into their developing approach to youth work practice; and 6. communicated at an appropriate tertiary standard with special attention to correct grammars, punctuation, spelling, vocabulary, usage, sentence structure, logical relations, style, referencing, and presentation. |
| Assessment tasks | <p>Task 1: In Class Interview and Evaluative Report</p> <p>Conduct an interview in class in which you employ basic interpersonal skills learned in combination with specific skills and strategies related to at least one model of youth work practice and produce a report evaluating the strengths and limitations of the skills employed.</p> <p>Word Length/Duration: 15 minutes (Interview); 1,000 words (Report)</p> <p>Weighting: 30%</p> <p>Learning Outcomes: 2, 3, 5, 6</p> <p>Assessed: Weeks 5, 7</p> <p>Task 2: Case Study</p> <p>In small groups of students, work collaboratively to develop a case study of a young person. Produce an individual paper which discusses the approach to working with this young person, with specific reference to models and theories of practice, levels of intervention, ethical dimensions, advocacy, referral and Christian worldview.</p> |

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| | <p>Word Length/Duration: 1,500 words</p> <p>Weighting: 35%</p> <p>Learning Outcomes: 1-4, 6</p> <p>Assessed: Week 11</p> <p>Task 3: Youth Program or Recorded Public Presentation</p> <p>Youth workers are often required to design and implement group programs relating to specific topics and/or to conduct public presentations at meetings, services, or other events.</p> <p>Choose either to develop a summary of a six-week program relating to a topic of relevance for young people, or to submit a recording of a public presentation relating to a topic or event of potential importance to young people.</p> <p>Word Length/Duration: Program - 1,650 words or Presentation - 20 minutes</p> <p>Weighting: 35%</p> <p>Learning Outcomes: 1-6</p> <p>Assessed: Week 13</p> |
| Unit summary | <p>This unit provides students with an in-depth introduction to practices and skills specifically linked to youth work.</p> |

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